



# Winter Camp

**Winter Break Week: February 19-23, 2018**  
**Weekly Program includes every day:**

- ◆ **Gymnastics, Tumbling,**
- ◆ **Dance, Acrobatic Rock-n-Roll,**
- ◆ **Indoor Playground, Bouncy Houses**
- ◆ **Arts & Crafts**

**SAFE  
ACTIVE,  
HEALTHY**



**EARLY BIRD  
SPECIAL**

**Great for kids 4-10 y.o.**

Special Prices only till 02/01/2018

SING UP online: [www.ABLdance.com](http://www.ABLdance.com)

or call: 508-925-4537

This camp must comply with regulations of the Massachusetts Department of Public Health and be licensed by the local board of health.(105 CMR 430.000)

*ABL Dancesport Center*

184 West Boylston Street (Rt 12), West Boylston, MA 01583 (next to Salter College)  
508-925-4537; email: [info@ABLDance.com](mailto:info@ABLDance.com) [www.ABLdance.com](http://www.ABLdance.com)

<u>WEEKLY RATES</u> Monday through Friday FEBRUARY 19-23, 2018		Regular Weekly Rate	EARLY BIRD Before 02/01/18
- Half Day	Morning Session 9:00am – 12:00pm	\$149	\$99
	Afternoon Session 12:30pm – 3:30pm		
- Full Day	9:00am – 3:30pm	\$159	\$139
- Extended Day Option	Morning 7:30am – 3:30pm	\$199	\$169
	Evening 9:00 am – 5:30pm		
- Extra- Extended Day	7:30am – 5:30pm	\$237	\$199
Daily Rate	25% added to prorated tuition		



Membership Registration \$25 (\$30 per family) - non-refundable and due with the first payment. — Active students, or Families who attended classes during the 2017 - 2018 year are exempted.

<b>Discounts</b>	<b>-\$10 SIBLING</b> weekly discount when enrolled in the same week session
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### DAILY SAMPLE SCHEDULE OF ACTIVITIES:

7:30-9:00 am—Extended Day  
 9:00 am—Program begins  
 9:00-10:00 am—Gymnastics/ Dance Lesson\*  
 10:00-10:15 am—Snack Time  
 10:15-11:00—Arts'n'Crafts/ Games  
 11:00-12:00—Gymnastics or Dance Lesson  
 NOON—Morning Session over  
 NOON-12:30 pm—Lunch time for Full Day Campers  
 12:30 pm—Afternoon Session Begins  
 12:45-1:45 pm—Indoor Playground Zone!  
 1:45-2:30 pm—Snack time  
 2:30-3:30 pm—Activities/ Gymnastics or Dance Lesson  
 3:30 pm—Afternoon Session over  
 3:30-5:30 pm—Extended Day

\*LESSON - includes structured instructions in Gymnastics, Tumbling, Dance, Parcour (obstacles, running, jumping, climbing), stretching, conditioning, dancing, tricks  
 --- all based on campers' skill level & age.



**CALL NOW 508-925-4537**  
**SPACE IS LIMITED**



### What to bring:

Morning Session (9am-12pm):

Gym clothes + Socks

Snack & Drink

Evening Session (12:30-3:30pm):

Gym clothes + Socks

Snack & Drink

Full Day/ Extended Day:

Gym clothes + Socks

Book for quiet time

2 Snacks, 1 Lunch, and Drinks

*Please leave all electronics at home.*

\*Children will have access to microwave oven under adult supervision, but no refrigerators, so bring food that will keep throughout the day.